



Report  
February  
2022

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Appendix 1 - Summary Data

# EXECUTIVE SUMMARY

Food Secure North Canterbury has gone from strength to strength as we start to implement our 2 year plan. The next stage in our development included workshoping our values; Kaitiakitanga- Guardianship/Protection, Whanaungatanga Connection/Relationship, Rangatiratanga - Leadership /Authority; We have a story for each one that reflects the strategic partners values, their organisations and our food secure intention in the community.

As a governance group we have also engaged a communications and marketing contractor and some administrative support which has enabled all of our key partners to get on with their core work and Food Secure North Canterbury to continue to grow and flourish. This role has also implemented a community wide survey to inform our projects which had a fabulous response.

This has seen the development of our logo into a new and improved version that you see on the front cover of this report. This along with the development of new social media platforms (facebook and instagram pages) continues to grow awareness around the work and vision in the wider community. A regular newspaper advertorial containing tips and hints as well as updates is another new initiative. It is our intention once the website is finished that we would hold a covid willing - a dinner to build awareness and start to engage key potential partners in our local business community. This will all contribute to the long term sustainability of the project and will be critical to FSNC achieving its vision.

The governance group has also had the privilege to share some of our learnings and processes with other communities, learning from one another is critical!

The 9 main food banks in our district have been supported with funding as well as new chillers – this has enabled greater distribution and storage of frozen and perishable items distributed by Satisfy Food Rescue. The lockdown saw a sharp rise in distributed food parcels in the Hurunui district adding to this is the challenge of transportation costs and logistics getting food to these whānau and communities. Our newest food bank members are St Vincent de Paul in Rangiora along with other community agencies are working closely with one of our most disadvantaged communities in our region – Pineacres campground. Pastoral care and food resources targeted to this campground as well as COVID vaccines and a Christmas party has seen the campground manager and tenants well supported over the last few months.

Satisfy Food Rescue have rescued significantly more food than in the same period last year (50% increase in 2021 five-month period Jan to May compared to 2020). This has initiated some capacity building projects that include; the design of their new premises within the Kaiapoi Hub development underway, discussions with the Hurunui district regarding a centralised food hub in the area to help with storage and delivery/transportation challenges, working closely with the food banks around bulk purchasing of products through the NZ Food Network as well as collaborations with Oxford Lions, Soroptomists and Naked Cuisine. SFR has also won the Enterprise North Canterbury Community Enterprise Award.

Kaiapoi Food Forest has seen exponential growth in requests for education and support as communities realise the value in establishing their own food forests. "Each food forest guild in a 25 year period produces approximately \$59,000 worth of food. Thus far with the food forests we have set up thus far will produce in excess of \$11.77 million dollars of food in a 25 year period." Food Secure North Canterbury is definitely moving into the third phase of food security around education and the beginnings of long term changes in both peoples understanding of growing food but also how they can contribute to the wider communities well-being through these types of projects.

Our communities of Waimakariri and Hurunui worked together on the Supported Isolation Quarantine (SIQ) Community Response project initiated by Health prior to Christmas. This collaboration has been the result of both local authorities working alongside each other in the 'community space' that is Food Secure North Canterbury. The flow on effects of the funding via MSD and our willingness to collaborate in the real sense of the word has had far greater reach and benefits that just in the food security sector. We have leveraged off the FSNC collaboration in the SIQ space and our communities are well placed for any event that now comes our way. SFR are fund holders for the SIQ food bank funding and our food banks are well supported and prepared for supporting our most vulnerable.



# VALUES

## 01.

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### Kaitiakitanga Guardianship/Protection

We are committed to the Conservation, Replenishment and Sustainability of the environment. We aspire to safeguard our communities' future.

## 02.

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### Whanaungatanga Connection/Relationship

We will work in an Inclusive and cohesive manner. In our work we will use mana enhancing practises, resulting in an empowered, equitable and nourished community.

## 03.

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### Rangatiratanga Leadership/Authority

We will provide intentional leadership that nurtures innovative and courageous responses to food security in our communities.

# KEY STATISTICS



## 91% increase in rescued food

137, 781 kilograms of food  
393,660 equivalent meals



## 16 food forests in development

33 partner organisations  
67 local growers now in collaboration



## 15,428 equivalent meals through foodbanks in the Waimakariri

1130 food parcels delivered in the Hurunui





## Testimonial

“A family didn’t have enough money to go to the supermarket to get the groceries they needed, they asked for a food parcel. When they came to collect it, they brought vegetables from their garden as they had an oversupply and gave them to us to pass them on in food parcels while they collect what they didn’t have the money for.”



# PARTNER REPORTS

## SATISFY FOOD RESCUE

SATISFY FOOD RESCUE IS CONTRIBUTING TOWARDS A FOOD SECURE COMMUNITY BY RE-DIRECTING SURPLUS EDIBLE FOOD FROM FOOD RETAILERS, GROWERS AND WHOLESALERS TO COMMUNITY ORGANISATIONS THAT ARE WORKING WITH THOSE IN NEED. TWO MEMBERS OF OUR ORGANISATION (ONE STAFF AND ONE TRUSTEE) ARE A PART OF THE FSNC IN THE GOVERNANCE GROUP.

### Highlights

- We have rescued significantly more food than in the same period last year (91% increase in 2021 six-month period July to Dec compared to 2020). See attached for a data summary sheet for June to December 2021.
- We have had stronger collaboration with NZFN since they opened a South Island hub in March. We have received 71 donations from NZFN since July amounting to 32,736kgs of food. We are regularly receiving 3-4 pallet loads of food each week from them.
- Our collaboration with Oxford & District Lions Club (ODLC) continues with the first harvest of this year's produce just before Christmas. ODLG anticipates doubling the amount of fresh produce donated to Satisfy.
- On 17th August we enjoyed our annual volunteer midwinter dinner, celebrating the continued efforts of our volunteers and presenting certificates to our long serving volunteers.
- The number of regular recipient organisations we support has increased to 33 and we are continually working with other non-profits to support one off events for the region.
- Naked Cuisine's Naked Locals soup collaboration (<https://nakedcuisine.co.nz/local-heroes/>) has been a great way to increase our profile and raise awareness of food rescue across New Zealand. We received \$10,000 from this partnership and we are excited to announce that this will continue into 2022.
- We have commenced regular collections from Ravenswood New World and Fresh Choice Oxford, taking our donor stores to eight.





## Highlights continued:

- We are very excited to be awarded the Community Enterprise Award from our application to the Enterprise North Canterbury Business Awards. This award will be presented to us in person in February 2022.
- We have successfully been awarded MSD Level 4 accreditation.
- We received funding to allow us to lease a new chiller from local business Kiwibox, more than doubling our capacity to store chilled food. This has been a valuable addition to our equipment. We recently had a call from Inghams who had 1,000 chickens that were surplus to them and too short dated to be sold. Without the new chiller we would have struggled to be able to deal with such a large donation.
- We have had plans prepared for the new purpose built facility at the Kaiapoi Community Hub, this is such an exciting project for Satisfy to be part of.
- A collaborative partnership agreement with MADE North Canterbury, an Enterprise North Canterbury initiative supporting 67 local growers, producers and businesses to increase their profile across the region.
- Building more relationships, partnerships and collaborations;
- MOVE Logistics regularly donating both free freighting and non-perishable food and non-food products.
- Scottfresh donating huge amounts of broccoli and lettuce regularly.
- New discussions with Farmlands around working with their customers to receive egg donations.





## Key Actions Planned:

**Kaiapoi Community Hub** - Continuing to work with Waimakariri District Council, funders and other stakeholders to realise the vision of a community hub in the Kaiapoi Red Zone that will have among other things, collaborative spaces and a dedicated purpose-built facility for Satisfy to operate out of.

**Amberley Offshoot** - Continuing to work with Hurunui District Council and local Hurunui food banks to establish a collaborative space that Satisfy can operate an offshoot out of so that we can better serve the people in the Hurunui.

**Bulk purchasing** - Work is in progress to investigate and harness the buying power of the New Zealand Food Network in order to allow the food banks budget spend to go further.

**Other FSNC initiatives** - Supporting and promoting the work and plans of FSNC as a whole and also the work and plans of the member organisations.



# KAIAPOI FOOD FOREST

WE RUN A COMMUNITY FOOD FOREST WITH A FOCUS ON EDUCATING PEOPLE ON HOW TO BE MORE RESILIENT BY GROWING FOOD IN A SUSTAINABLE WAY. ONE OF OUR TRUSTEES SITS ON THE FSNC GOVERNANCE GROUP.

## Highlights

- We have helped set up a food forest in Hanmer Springs in a local public park. We worked with the local residents to present to Council and lead a food forest design workshop to teach local residents on how to build a food forest, we donated many trees and plants to start them off and have helped and supported them through the way.
- We have set up food forests at Educare Kaiapoi, Amberley School, Kaiapoi North School, Tuahiwi preschool, St Patricks Kaiapoi and Haeata Campus in Christchurch.
- In total we are helping build 16 food forests all at various stages of concept, design or growth in communities in Canterbury.
- In each of the food forest designs we try and include native trees and plants, (Rongoa - traditional medicinal plants) with the hope one day we can have trained educators go into these communities to share their knowledge and the food forest with facilitate that.
- Each we have provided trees and plants to start the group off, have provided educational sessions and physically helped to plant with the group and students.
- Kaiapoi is the most southerly place you can grow kumara, we grew 100's of kumara slips and with Oxford Lions have planted them to then donate the harvest to Satisfy Food Rescue.
- Our educational programs have had to increase due to demand. More and more people wanting to learn how to grow food sustainably, getting back to basics.



Kaipoi Food Forest has also had a huge year in terms of rescuing food. Each day residents bring surplus to the food forest fruit and vege stand. Nothing goes to waste.

People just come and help themselves. Such amazing work!





# FOODBANK TESTIMONIALS

"I will be able to pay some money of my power bill now that I am getting some extra food"

"A lady collecting a food parcel was so grateful for fresh fruit and vegetables, she told us she never had enough money fruit and vege they were a treat."

"We had an elder gentleman come in and access a food parcel, he had a severe limp, and said that it was because he couldn't afford to buy new shoes, and so had been making do with shoes that were quite literally packing taped together, we gave him a food parcel, and also were able to give him a voucher for the warehouse, he came in two days later and showed us his brand new shoes, it was very humbling, and he has been out walking and often stops in to show us how much better his feet are doing"

## Highlights continued:

- St Vincent de Paul Rangiora are working in collaboration with the manager and other social service agencies at Pine Acres campground, providing social support and twice weekly food parcels for the residents.
- They also initiated the DHB to bring the vaccine rollout to Pine Acres.
- In Oxford Satisfy Food Rescue have been supplying food to support our social housing and pensioner homes with a free food stall weekly. They also have Jo Seagar on board to supply recipes and talk with the older community about the produce they are receiving lots of helpful tips are being passed around.
- Living Waters Foodbank based in Waikari providing food parcels for the west side including Hanmer Springs, Rotherham, Waiau, Culverden, Waikari and Hawarden. There are specific needs in this area regarding migrant workers, isolated people, low income families and large kilometres to deliver parcels. It has a drop in and a delivery service. This food bank operates out of the Living Waters Church building and supplies 60-80 boxes per month.
- Inspire Foodbank based in Waipara providing food parcels for the east side including Waipara, Amberley, Omihi, and Cheviot. There are specific needs in this area regarding many low income families and large kilometres to deliver parcels. This foodbank operates out of the organisers garage and has been operating since 1991. There are volunteers who deliver the parcels. It supplies 60 - 90 boxes per month.
- Amberley/Leithfield Foodbank based in Amberley providing food parcels for the southern end of the Hurunui including Leithfield, Leithfield Beach, Amberley, Amberley Beach, and Cheviot. There are specific needs in this area regarding many referrals from schools, police and counsellors. This foodbank operates out of the organisers garage and the operator delivers the parcels to those in need. It supplies 20 - 50 boxes per month.



# KAIAPOI COMMUNITY GARDEN

OUR ROLE WITHIN FSNC IS EDUCATION SURROUNDING FOOD SECURITY, WORKING ALONG SIDE KAIAPOI BOROUGH SCHOOL WE TEACH PRIMARY LEVEL CLASSES HOW TO GROW VEGETABLES ON SITE & HOW TO COOK USING THE SCHOOL HALL. EVERY WEDNESDAY WE ARE OPEN TO THE PUBLIC & HAVE A COMMUNITY ATTENDANCE.

## Highlights

-Held workshops for the community, some of these include:

- How to start your own garden
- A guide to preserving
  - how to make your own jams, chutneys & sauces from your garden
- Pruning & caring for your garden
- Composting for beginners
- A guide to seed saving



- Held a introduction to food security at Karanga Mai young parents college. This included a cooking lesson where the students cooked lentil soup & green vegetable fritters. We helped them map out their gardens to grow produce.

- Joined the Bee Awesome program, this year we will be holding fun, engaging lessons for year 7s to learn about the importance of bees & our eco system.

We will have a hive on site with children sized bee keeper suits.

Children will also get to harvest honey, make bees wax wraps & candles as well as sow/propagate bee friendly plants.

- Every Wednesday we have a minimum attendance of 10 volunteers at the garden. They use the space to expand their gardening knowledge.

- The food we harvest gets donated to community groups, food banks & community events such as the al noor mosque harvest picnic.

Regular visits from local kindergartens, the children would visit the garden & sow flowers or vegetables to take home.

- Strengthening our relationship with the local men's shed by getting them involved with our Open days & inviting them to use our premises for workshops.



# OTHER PROJECTS

## HARVEST COLLABORATION

This is an exciting project for this year is our harvest collaboration with Soroptomist's, Satisfy Food Rescue and other volunteer groups. This is both a food rescue (saving food from wastage) and educational opportunity for our community.

## KAIAPOI COMMUNITY HUB

Over the last 6 months work has progressed well on the development of the Kaiapoi Community Hub. This has involved the key stakeholders working through a vision, mission and purpose process. The hub will be the new home for Satisfy Food Rescue and two other community groups as well as having shared space for wider community engagement. From a Food Secure North Canterbury perspective the community hub will enable our education and longer term skills-sharing and inter-generational engagement priorities to really establish themselves.

A significant amount of time has been invested into building relationships between the partner groups and ensuring strong and sustainable foundations for the project. The cohesion and shared purpose now achieved has been such a privilege to see. The hub is due to go out for resource consent and then building designs for the groups will be finalised and any gaps in funding sought. A full funding strategy has been developed of which Food Security is one element. Watch this space - exciting times!



# CHALLENGES

- The changing landscape of clients accessing food parcels, and the complexity of other cofounding issues that have led them to require food parcels. With more families that are requiring extra assistance, despite working full time, becoming more prevalent, as well as families where a parent or parents have either had hours reduced or have found themselves facing unemployment.
  - We have also seen an uptake in individuals with multiple social determinants of health issues, as well as AOD and other mental health related issues accessing assistance through Kaiapoi Community Support.
  - Cost of transportation of food to isolated communities in the Hurunui District and are exploring the idea of a Satisfy Food Rescue food hub for our foodbanks which would help ease their workload and travel. It would provide structure around supply and distribution which is essential.
  - Fresh food for families will always need to be purchased.
  - Meat is always requested by families which is expensive.
  - Kaiapoi Community Garden found it difficult to get engagement from people aged 20-40. We have an incredible amount of engagement with children aged from as young as 3 to our year 8 students, young parents at Karanga Mai & our regular elderly volunteers. However getting the children's parents involved in learning about food security was a battle.
  - Lack of funding for schools and community groups to buy the number of fruit trees and plants required.
- We have an issue with material supplies likes of sourcing enough mulch and border materials

- The increased quantities of rescued food and new donors/relationships/partnerships have resulted in a number of challenges:
  - More employee hours required (to manage logistics of food distribution and storage)
  - More volunteer hours required (to sort and distribute food)
- The new premises has also had some challenges:
  - Increased expectations on volunteers especially regarding the moving and receiving of stock and also cleaning the large space.
  - Large truck manoeuvring for deliveries can be tricky since we do not have a turn-a-round area. We have had to arrange to pick up some deliveries from third party locations since some vehicles can't drop off at our location.









# CONCLUSION

Food Secure North Canterbury is now in a well established position and awareness of its existence is growing in our communities. This is evident in the wide ranging involvement from our community partners.

Each of the partners have their own purpose, vision and amazing people that serve the North Canterbury area. Food Secure North Canterbury is able to bring collaboration opportunities, leadership, experience and support to ensure our partner groups sustainability.

Our Waimakariri District and Hurunui District Council and Social Services Waimakariri partners are key to this element of the work. Having wide ranging representation on the governance group means the load is shared, skills and time are used strategically.

With any significant project there are challenges and we definitely have those! Working together we will start to address these and continue to grow the work that is now firmly embedded in our community.

What a privilege it is to be part of such an inter-generational project that will affect our community for so many years to come. This is just the beginning.





# FOOD SECURE

NORTH CANTERBURY

## Satisfy Data Summary

### Satisfy Food Rescue - Data Summary 2021

